With Thanksgiving

Never worry about anything. But in every situation let God know what you need in prayers and requests while giving thanks. – Philippians 4:6 (GW)

l.	Never worry about <u>A</u> .
	Worry can't increase your lifespan.
	Worry can't change your circumstances.
	Goal to Be Worry-free completely.
II.	But in E situation.
	Not Most
	Not only the Difficult One
	Not only the Easy Ones
	Not only the "Spiritual" ones.
III.	Let God know what you N
	Prayers – Describe situation, feelings, struggles
	Requests – Specific, ask as a humble child
	Giving Thanks – Grateful: attitude of gratitude
	With Thanksgiving!
IV.	That means R (Daily) Time with God!
	You, God, are my God, earnestly I seek you; I thirst for you, my whole being longs for you,
	in a dry and parched land where there is no water. I have seen you in the sanctuary and
	beheld your power and your glory. Because your love is better than life, my lips will glorify
	you. I will praise you as long as I live, and in your name I will lift up my hands. I will be fully
	satisfied as with the richest of foods; with singing lips my mouth will praise you. On my bed I
	remember you; I think of you through the watches of the night. Because you are my help, I

sing in the shadow of your wings. I cling to you; your right hand upholds me. – Psalm 63:1-8

Do I need to Earnestly seek God today?